

Trimley St. Martin Parish Council

Welcome Pack for new Residents to Trimley St. Martin June 2025



Trimley Shore

"The Parish Council is a team of local residents giving their time and efforts voluntarily and who strive to: improve quality of life and wellbeing of the residents of Trimley St. Martin; promote community values and pride in the village; and do their utmost to safeguard and represent the voice of the local people."

The Parish Council meets at 7.30pm on the first Tuesday of every month, except August, in the Memorial Hall. All welcome.

Please note: information is correct at the time of publication. The Parish Council is not responsible for subsequent alterations outside their control. For updated information, please refer to the Parish Council Website: www.trimleystmartin-pc.gov.uk

IN AN EMERGENCY, DIAL 999 FOR POLICE, FIRE OR AMBULANCE

HEALTH

Dentists

- NHS England's Customer Contact Centre
Tel: **0300 311 2233**

Doctors' Surgeries

- The Grove. The Grove Medical Centre, Grove Road, Felixstowe IP11 9GA
Tel: **01394 293197**
- Haven Health. Grange Farm Road, Felixstowe IP11 2XD
Tel: **01394 670107**
- Howard House. Howard House Surgery, 31 Orwell Road, IP11 7DD
Tel: **01394 282706**

Hospital

- The nearest hospital offering a broad range of NHS hospital services, including an A&E Department, is Ipswich Hospital, Heath Road, Ipswich IP4 5PD
Tel: **01473 712233**

Minor Injuries Clinic

- Felixstowe Community Hospital, Constable Road, Felixstowe, IP11 7HJ. **The Minor Injuries Clinic in Felixstowe provides an appointment-only service.** Anyone in Felixstowe who suffers a minor injury should call NHS 111, where an on-the-day appointment can be arranged for them at the MIU if appropriate. Staff at any of the town's three GP practices can also book appointments for patients who phone or call in at their surgeries.

DAY TO DAY

Foodbanks

- The Basic Charity Shop. Opposite the Half Moon public house in Walton.
- Salvation Army. Cobbold Road, Felixstowe Tel. **01394 276502**

Helplines

- **Electricity:** power cuts. Tel: **0800 3163 105**
- **Gas:** if you smell gas Tel: **0800 111 999**
- **NHS: 111** is a free-to-call single non-emergency medical helpline.
- **Police:** In an emergency dial **999**. The non-emergency number for the Police is **101**
The Police Station at 32 High Rd West, Felixstowe, does not operate a public counter service. To find out more about Suffolk Constabulary and how to make a report follow the link to: www.suffolk.police.uk/contact-us
- **Suffolk Advice & Support Service (SASS)** is a free phone line and is available to support vulnerable people in our communities (who do not have a network of family or friends to call upon) to access emergency support such as:
 - emergency food and medicine deliveries if you are self-isolating
 - befriending schemes
 - support with basic care needs
 - debt/money advice

The telephone number is freephone **0800 068 3131** and is staffed from 9:00am to 5:00pm Monday to Friday.

Information Points

- **Citizens Advice** provides a free, impartial and confidential advice service. Located at 2-6 Orwell Rd, Felixstowe IP11 7HD. Tel: **0300 330 916** or email advice@felixstowecab.org.uk
- **Felixstowe Library and Information Centre.** Crescent Rd, Felixstowe IP11 7BY. In addition to being a lending library and information provider, there are social opportunities and activities for children as well as the use of computers. Tel: **01394 330850**
- **Tourist Information.** Town Hall, Undercliff Road, Felixstowe. Tel: **01394 444884**

Letterbox locations

- Grimston Lane, at the junction of Thorpe Lane and Grimston Lane, just before the level crossing.
- Kirton Road, outside the school.
- High Road, Trimley St. Martin, outside house number 302.
- Mill Lane, on the crossroads on Old Kirton Road.

- St. Martin's Green, outside number 57.
- High Road, Trimley Post Office.

Parish Council

The Parish Council meets at 7.30pm on the first Tuesday of every month, except August and January, in the Memorial Hall. All welcome.

- Parish Clerk: email: clerk@trimleystmartin-pc.gov.uk
- Parish Council website: www.trimleystmartin-pc.gov.uk

Refuse collection

Friday. Refuse Bins out by 6.00am Week 1 Green/Brown/Blue. Week 2 Grey
For detailed information see:

www.eastsuffolk.gov.uk/waste/waste-collection-and-disposal/bin-collection/

TRANSPORT:

Public Service Buses

- Bus Stops: Morston Hall Road near Morston Hall Lane/Grimston Lane/Hand in Hand/opp St Martins Green/The Sausage Shop/Reeve Lodge/Howlett Way /Primary School, Kirton Road.
- The 75 and 77 buses travel between Felixstowe and Ipswich. NB. The stops at Howlett Way and the Primary School are not for this route.
- The 73 bus runs between Woodbridge-Martlesham-Bucklesham-The Trimleys-Felixstowe- Old Felixstowe. This bus can be boarded at: Reeve Lodge/ Howlett Way/Primary School in Kirton Rd.
- For information on bus services, times and stops, follow this link and scroll down to Felixstowe Flyers for services 75/77 and to Village Link for service 73
www.firstbus.co.uk/norfolk-suffolk/routes-and-maps/ipswich-reds-frequent-links-suffolks-county-town

School Bus Travel

- For a wide range of information about school transport:
www.suffolkonboard.com/school-travel/

Felixstowe Area Community Transport Service (FACTS)

- For anyone of any age with physical, cognitive or sensory impairment limiting or restricting access to public transport. Tel: **01394 282857**
www.factsbus.org.uk/

Trains

- The nearest station is on the Felixstowe to Ipswich line and is located at Station Road, Trimley St Mary, IP11 0TS
www.nationalrail.co.uk/times_fares/timetables.aspx

CHILDREN: SCHOOLS & GROUPS

Babies

- Baby Swimming www.puddleducks.com Stratton Hall, Levington - Various days and times.
- Ipswich Baby Sensory www.babysensory.com/ipswich Tuesdays and Wednesdays. Bucklesham and Foxhall Village Hall.

Children

- The Oaks Family Hub and Children's Centre Service, Felixstowe. www.infolink.suffolk.gov.uk
- Swimming for children www.iswim.biz Stratton Hall, Levington. Various days and times.

Playgrounds

- Goslings Way. To access this small playing area, walk to the end of Goslings Way.
- Stennett's Playing Field. Stennetts Close, Trimley St. Mary IP11 0TY. There is a cut through to the Playing Field opposite The Free Church.
- Trimley Social Club Play Area, IP11 0RJ. Located behind Trimley Social Club, which is nearly opposite The Hand in Hand.

Pre-school & holiday clubs

- Trimley St. Martin Holiday and Breakfast club. Trimley St. Martin School. This is organised by Twinkletoes. Contact details below.
- Twinkletoes pre-school Trimley Methodist Church, The Hall, Mill Lane, Trimley St Martin, Felixstowe IP11 0RN.
Tel: 07763 816224 or 01394 212632

Schools

- Felixstowe School, High Street, Felixstowe, Suffolk IP11 9QR.
Tel: 01394 288228
Email: office@fxs.org.uk
- Trimley St. Martin Primary School.
Tel: 01394 448313
www.trimleystmartinprimaryschool.com
- Trimley St. Mary Primary School.
Tel: 01394 284130
- www.trimley.net

Term Dates i.e. where to find them: www.suffolk.gov.uk/children-families-and-learning/schools/school-term-and-holiday-dates

- For information about Brownies and Guides Units see: www.girlguidingcolneis.org/units or contact: Girlguiding Colneis, 2 Holland Road, Felixstowe IP11 2BA
- For information about Beavers, Cubs, Scouts and Explorers see: www.scouts.org.uk/groups/

Football

- Trimley Red Devils. manager.support@trdfc.co.uk
- Little Kickers. Chris West Tel: 07929 188072

Please note: any listed commercial enterprises are not necessarily endorsed by the Parish Council.

SHOPS, PUBS & CAFES

Shopping facilities
in Trimley St.
Martin

- Farm Shop Tel: **01394 273361**
- Morrisons Daily and Post Office Tel: **01394 279412**
- Roselea Nursery Tel: **01394 448675**
- The Real Sausage Shop Tel: **01394 277203**

Pubs and Cafés

- The Hand in Hand Public House Tel: **01394 270308**
- The Mariners Inn, Trimley St. Mary. This venue can offer space for hire for parties, meetings and other events. Tel: **01394 670444**
- Stennett's Community Café, Stennett's Playing Field, Trimley St. Mary Tel: **01394 671554**
- Trimley Sports and Social Club. New members always welcome. Tel: **01394 275240**
- Trimley St. Martin Church Coffee mornings. Morning Prayer in church, followed by Cafe 10 coffee morning, 10:00am to 12:00pm.

RECREATION

Art Club

- Memorial Hall. Mondays. Contact: Paul Ransom Tel: **01394 275690**

Ballroom Dancing

- Memorial Hall. Last Saturday evening of each month. Contact June Riley Tel: **01394 270582**

Christine's Club

- Coffee, cake and conversation (tea too!) at the Methodist Chapel - every second and fourth Tuesday from 2.00pm to 4.00pm. Contact Lyn Stewart Tel: **01394 275632** and Jenny Smith Tel: **01394 283615**

Felixstowe Men's Shed

- Contact Unit C, Great Street Farm, 185 High Road, Trimley St. Mary. Tel: **01394 213785**
www.felixstowemensshed.org.uk

Line Dancing

- Memorial Hall. Thursday evenings. Tel: **01473 603254**

Memory Lane Group

- For patients with dementia and their carers. Fridays. Tel: **01473 272301**

Quilters

- Meets in the Memorial Hall. Tuesdays and Thursdays. Tel: **01394 283283**

Slimming World

- Mondays. Tel: **07757 416594**

Superhero Fitness

- Gym offering personal fitness training, within Trimley Sports & Social Club
- Tel: **01394 279900** m. **07825 581958**
- Email: info@superhero-fitness.co.uk

Trimley Cranfield Bowls Club

- Located behind the Memorial Hall. Contact the Secretary. Tel: **07592866691**

Trimley SAINTS

- Local amateur dramatic group who presents two productions a year in the Memorial Hall. Wednesday and Friday evenings. Tel: **01394 275575**

Trimley Wives

- Meet in the Memorial Hall. Second Tuesday evening of the month. Tel: **01394 273494**

Two Sisters Arts Centre

- This is based in St. Mary's Church, opposite The Mariners. There is usually a lively programme of events including, theatre, jazz, and poetry. Details of

upcoming events may be found on their Facebook page. This venue can offer hiring facilities for arts linked events.

Women's Institute

- There is no WI in Trimley St Martin at the time of writing (May 2022). The closest is located in Kirton and Falkenham Village Hall. It meets on the 2nd Thursday of the month at 2.00pm. For more information see www.sefwi.org.uk or call Suffolk East Federation of Women's Institutes Tel: **01473 251632**

HALL FOR HIRE

- The Memorial Hall. The hall hosts a wide range of activities including line dancing, ballroom dancing, quilters club, Trimley Wives club, sewing club, SAINTS amdram group and an art club. Contact: Hall Secretary Tel: **01394 275575**
- Methodist Church Hall. Currently without a Minister.
- Sports and Social Club. This venue can offer space for hire for parties, meetings and other events.
- Welcome Hall Tel: **07824 309712**
- Trimley St Martin Primary School – hall available for hire at weekends and in the evenings.

PLACES OF WORSHIP

- Trimley St. Martin Parish Church. Sundays 10.00am. See website for further details: www.waltonandtrimley.org.uk/2018/08/01/aeque-enim-contingit-omnibus/ Incumbent: Rev. Paul Clarke. Church Office. Tel: **01394 670090**
- Methodist Church Mill Lane, Trimley St Martin, Felixstowe IP11 0RN (A new Minister arrives in September 2022) **Services:** alternate Sundays at 11.00am. Informal drop-in prayer meeting on Tuesday mornings at 10.15am.
- St. Felix Catholic Church. Gainsborough Road, Felixstowe. Father John Brown Tel: **01394 282561**
- Society of Friends: Trimley Memorial Hall, Sunday mornings. Tel: **01394 283035**
- **Tree of Life:** Trimley Memorial Hall, Sunday evenings. Tel: **01473 721125**

How to enjoy the Trimley St. Martin countryside

Walks

Footpath Maps. There are many individual Rights of Way in Trimley St. Martin and there are three notice boards outlining their routes. They are located outside the Memorial Hall; Roselea Nursery; the Picnic Site on Capel Hall Lane. *Please be aware that many of our footpaths run through working countryside. Sometimes farmers have to disturb the paths in order to prepare the land and plant their crops. Reinstatement should be within two weeks. You will normally be able to follow the usual route of the right of way, but this can be difficult to see if work has recently taken place so it helps if you have a map with you.*

Many of the footpaths are included in a series of Eight Walks compiled by two residents. The walks also enumerate places/names of interest. There is also a wheel friendly walk to Kirton. Some of the walks cover parts of the neighbouring villages. You can find the walks and accompanying notes on the Parish Council website: <https://trimleystmartin-pc.gov.uk/our-parish/footpath-map-and-walking-routes/>

They can be downloaded onto your phone or printed out. Nature notes for the area may be found on the same website page. As you undertake the walks, you may be curious about some places, their names and their history. On the same website page, you will find a Gazetteer, which is relevant to the walks but also to those interested in the village.

<https://trimleystmartin-pc.gov.uk/our-parish/village-recorders-blog/>

Currently it does not include the origins of all the road names in the Village. However, the details below may be helpful to you.

New Village Street Names

Allens Drive: At the time of the 1807 Inclosure Act, the majority of the field opposite The Hand in Hand was called The Allens.

Drewry Way: Yvonne Drewry was a renowned artist who lived in the Mill House on Kirton Road.

Goslings Way: Goslings, in Thorpe Lane, was the farmhouse where the Smiths lived. The land on which Gosling Way is situated was owned by the Smiths.

Nassau Drive: George Nassau was the last Lord of the Manor who lived in Grimston Hall sometime in the 1780s. Grimston Hall was the seat of the Lords of Grimston Manor. He introduced the 1807 Inclosure Act.

Nigel Way: Nigel Smith, a local farmer, was the owner of the land on which Nigel Way is situated.

Oak Tree Drive: Oak trees are the trees associated with Trimley and Grimston Hall. Thomas Cavendish, the second circumnavigator of the globe, was born in Grimston hall. After his first successful voyage, an avenue of Quercus Ilex was planted on the approach to Grimston Hall from High Road (Ilex Quercus is commonly known as the Holm Oak).

Rivers Walk: The land on which The Lilacs stands was farmed by Solomon Rivers in 1807. The majority of his land was spread across the two Trimleys. Solomon Rivers was one of the Parish Overseers at the start of the 19th century.

Rosemary Way: This brings to mind Rosemary Gitsham, who served the village faithfully as Village Recorder for approximately twenty years. She died in 2021.

Brief key points concerning the history of Trimley St. Martin

Occupation in our village predates the Romans and during the archaeological excavations on the new housing development known as The Lilacs, Bronze age burial urns were discovered.

The earliest written documentation of Trimley is in the Domesday book (1086). Only a small part of the current Trimley Villages were known as Tremlega at the time. The Tenant-in-chief was Roger Bigod, a close ally of William the Conqueror. From about the 13th century onwards, it is possible to trace the Lords of the Manor who included: the Earls of Norfolk; the Brotherton family; the Cavendish Family; the Crown; the Barker family; George Nassau and his brother William, 2nd Earl of Rochester and then the Dukes of Hamilton.

George Tomline, who lived at Orwell Park in Nacton, bought the title of Lord of the Manor from the Duke of Hamilton. He was responsible for the construction of the Ipswich to Felixstowe railway line and the initial development of Felixstowe Docks in the late 19th century. After the death of Mr Ernest George Pretymen in 1931, what is now known as The Trimley Estate was sold to Trinity College Cambridge in 1936. It is managed by Bidwells Estate Agents, who manage the estate from their office in Cordy's Lane, Trimley St. Mary. Trinity College was persuaded to purchase the estate because of its suitability for land development. The last eighty years have seen considerable growth on Trinity land and more is proposed for the 2020s.

The two churches standing side by side, St. Martin and St. Mary, are a distinctive feature of the two villages. At the time of Domesday, the Trimleys were not defined as such but the area we now occupy is easily recognised. Domesday mentions four churches in our area: two in the Trimleys; one at the Alteinstuna (Alston) settlement; one at Strattuna (Stratton). The first recorded incumbent of St. Martin's was Nicholas de Gudmunlegh in 1315. Please note, the two existing Trimley churches, St. Martin and St. Mary were probably not constructed until the late 14th century. Local mythology says they were built by two sisters who fell out. It is impossible to verify or dismiss this romantic story.

Grimston Hall was the home and birthplace of Thomas Cavendish (1560 – 1592), arguably the most famous of Trimley's inhabitants. He was the second person to circumnavigate the world between 1586 – 1588. He died at sea during his second attempt at circumnavigation. He is commemorated on the Village sign.

Recommended reading

The Village Recorder maintains an independent website about Trimley St. Martin, past and present. You can find it here:

www.trimleystmartinrecordersblog.com

trimleystmartinrecorder@gmail.com

If you would like to read more about Trimley St. Martin and the neighbouring locality, it would be worth contacting a second-hand book seller to enquire about availability of one of the following titles:

Dyke, Gwen *Thomas Cavendish of Trimley St. Martin: the second English circumnavigator 1586-1588*

(this is available online)

Howlett, Ray *Bygone Trimley in Pictures*

Howlett, Ray *Counter Kicker*

Howlett, Ray *The enigma that is Trimley: a short history of two parishes*

Howlett Ray *Reflections on Trimley*

Howlett Ray *Trimley: thanks for the memories*

Murton H G *A short history of Trimley St. Mary*

Parish Council of Trimley St Martin and Trimley St Mary *A short history of Trimley St. Mary*

Trimley St Martin School *Trimley St Martin School, 1875-1975*

Trimley WEA members *Glimpses of the Trimley Villages*

Wylie, Neil et al *Village life in and around Felixstowe*. 2003. 095365463X